












## Welcome to Doytao Thai

At **Doytao Thai Restaurant**, our dishes are carefully prepared with only the freshest ingredients, containing many potentially beneficial herbs and spices for your health and cooked with only vegetable oil.

## Potentially Beneficial Herbs & Spices

 **Basil** - antioxidant anti-inflammatory and antibacterial, traditionally used for treatment of stress, diabetes and asthma.  **Coriander** - regulates blood sugar, lower cholesterol.  **Galangal** - treatment of nausea, improve digestion with anti-inflammatory and antioxidant qualities.  **Lemongrass** - relieves coughs and nasal congestion, detoxifies the liver and has potential anti-cancer properties.  **Garlic** - is a natural antibiotic with antioxidant properties, also regulates blood sugar and cholesterol.  **Chilli** - can provide relief against migraine and headaches, relieve nasal congestion, burn fat, reduce cholesterol and also contains a high amount of Vitamin C.  **Mint** - assists digestion and breaks down fats, also relieves coughs and nasal congestion.  **Ginger** - much like galangal but with additional properties such as improving blood and respiratory circulation, removing toxins from the body.  **Lemon** - high in Vitamin C, antibacterial, relieves heartburn and many other digestion problems.  **Red Onion** - anti-inflammatory qualities, beneficial to overall bone health, lowering blood sugar and cholesterol.  **Pepper** - antioxidant, improves function of the digestive tract, beneficial against bacterial growth and increases absorption of nutrients such as Vitamin B.

## Locations

### Newtown

Mon - Sun 11:00am to 11:00pm  
543-545 King Street  
T: 02 9557 6334  
T/F: 02 9517 1051

### Drummoyne

Mon - Sun 11:00am to 10:30pm  
207-211 Lyons Road  
T: 02 9713 1899  
T/F: 02 9713 1799

### Croydon

Sun - Thurs 11:00am - 10:00pm  
Fri - Sat 11:00am - 10:30pm  
28 The Strand  
T: 02 9715 3535  
T/F: 02 9715 3530

### Padstow

Mon - Sun 11:00am - 10:00pm  
Shop 1/18 Howard Road  
T: 02 9773 9599  
T/F: 02 9773 9598

### Glebe

Mon - Sun 11:00am to 11:00pm  
35C Ross Street  
T: 02 9552 1930  
T/F: 02 9552 1940

### Sutherland

Mon - Thurs & Sun 5:00pm - 10:00pm  
Fri - Sat 5:00pm - 10:30pm  
15 East Parade  
T: 02 9521 8092  
T/F: 02 9521 8308

### Waterloo

Mon - Thurs & Sun 11:00am - 9.30pm  
Fri - Sat 11:00am - 10:00pm  
145 Marriott Street  
T: 02 9699 5091  
T/F: 02 9699 5084

### Boronia Park

Mon - Thurs & Sun 11:00am - 9:30pm  
Fri - Sat 11:00am - 10:00pm  
97 B, Pittwater Road  
T: 02 9817 0055  
T/F: 02 9817 5009

# DOYTAO THAI

## SPECIALS MENU



### **Masman Lamb Cutlets**

One of the most popular curries, this version is highlighted with Grilled Marinated Lamb Cutlets, drenched in a curry rich in aromatic spices, tossed with potato, onion and carrots.



### **Crispy Mee-Krob**

One of the most requested dishes is now on the menu! A popular entrée of crispy rice noodles cooked with homemade sweet tamarind sauce, cushioned on egg pastry cups. An all in one perfect blend of sweetness, sourness and saltiness.



### **Dressing on King Prawns**

Four carefully selected fresh King Prawns, steamed and dressed with a mild Homemade Curry Sauce, a hint of Spices and Thai Herbs. Served on a bed of Bok Choy.

### **Ladies Prawns**

The House Special entrée! Four carefully selected prawns encased in chicken and prawn mince wrapped in egg pastry. Deep fried until perfectly golden brown and served with sweet chilli sauce.



### **Aromatic Soft Shell Crab**

A Refreshing and intensely aromatic dish consisting of chopped Celery, Shallot, Sliced Onion, Capsicum stir-fried with egg in curry powder then drizzled on top of deep fried Soft Shell Crab. Spices from the mild curry powder perfectly compliments the slight sweetness of crab meat.



### **Three Friends**

A selection of our all time favourite BBQ menu, this dish combines BBQ Lamb, Pork and Octopus, served with assorted dipping sauce.

